



*Friendship Heights*

# VILLAGE NEWS

AUGUST 2004

301-656-2797

VOLUME 19, NO. 3



## Celebrate 'the greatest generation'

Join us on **Tuesday, Sept. 14**, when we visit Washington's newest memorial and enjoy lunch at the National Press Club. The World War II Memorial honors the 16 million who served in uniform in the "war that changed the world," the more than 400,000 who died, and the millions who supported the war effort from home. Formally dedicated this past Memorial Day, it is the first national memorial dedicated to those who served during the Second World War.

Our trip will begin with lunch in the Fourth Estate dining room at the National Press Club. The NPC, founded in 1908, provides a national forum for the views of world, business and cultural leaders. Its members have included 17 presidents of the United States. Choose (at time of sign-ups) a beef, fish, chicken or vegetarian entrée.

After lunch, we'll ride a few blocks to the Memorial where we will walk by the bas-relief sculptures that recall scenes of America



at war, the wall of 4,000 stars that commemorate those who died in the war, the twin pavilions that symbolize a war fought across two oceans, and the 56 pillars that represent all the states and territories that were united in a common cause. Tours are not given at the

Memorial, but Park rangers will be available to answer all questions. Please wear comfortable shoes! The walking is easy, but it does take at least a half-hour to see everything.

We'll make a brief stop at the Korean War Veterans Memorial  
continued on page 3

## A day at the 'Trop' in Atlantic City

Try your luck in A. C. on **Tuesday, Aug. 24** when we travel to the Tropicana Casino and Resort, named "Luckiest Casino" by Casino Player Magazine.

We'll have six hours at the casino—plenty of time to hit the jackpot! We will leave promptly at 5:30 p.m. to return home. We'll stop en route for a fast-food dinner.

The bus will depart the Friendship Heights Village Center at 7:30 a.m. and should be home by 10 p.m. The cost is \$29 and you will receive \$12 in coins when we arrive at the casino. Sign up immediately at the Center. There are 45 seats available.

**July 4th photos... see page 14 and 15**

# CHILDREN'S PROGRAMS



## The latest 'Washington Parent' is here

*Washington Parent*, a monthly publication for parents and children in the area, is now available at the Village Center. **Washington Parent** has great tips on child rearing, from choosing the right school to activities to

keep children entertained all summer. Issues will be delivered to the Village Center at the beginning of the month. Stop by and get one.

## Songs and stories for the preschool set

Enjoy a Saturday morning of songs, stories and crafts with local singer and actor Barbara Papendorp. Children ages 2 1/2 to six are invited to the Village Center **on Saturday, Sept. 18 from 10:30 to 11:30 a.m.** to try their hands at sock puppets, stories and songs, featuring the *Very Hungry Caterpillar*. The event is free, but pre-registration is required. Attendance is limited to 12 and children must be accompanied by an adult or guardian. Sign ups begin immediately at the Village Center. The deadline to sign up is Wednesday, Sept. 15.

## Don't miss 'Dreamosaurus'

Join us for the puppet show "Dreamosaurus" at Glen Echo Park on Wednesday, Aug. 4. We'll depart from the Village Center at 11 a.m., and return by 2 p.m. Bring a picnic to enjoy after the show. Sign up at the Village Center. A parent or guardian must accompany children. The cost is \$12.50 per person, and includes transportation, ticket and dessert. Space is limited.



## Friendship Heights VILLAGE NEWS

[www.erols.com/friendshiphtsvillage](http://www.erols.com/friendshiphtsvillage)

The Village News is a publication of the Village Council, the elected governing body of the Special Tax District of the Village of Friendship Heights, 4433 South Park Avenue, Chevy Chase, MD 20815, 301-656-2797. The newsletter is produced through the cooperative efforts of volunteers, Council members, and Village staff.

### ADVERTISING

The deadline for reserving space for the September issue is August 5. For suggestions about news items or information on advertising rates, call 301-656-2797. Acceptance of advertising does not represent endorsement by the Village of Friendship Heights for any product or service, nor is the Village of Friendship Heights responsible for representations made by advertisers.

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## ON the GO...

### WWII Memorial, continued from page 1

just down Independence Avenue on our way home. Dedicated in 1995, this memorial consists of 19 larger-than-life statues of soldiers moving across a battlefield.

We will depart from the Village Center at 11 a.m. and return by 3 p.m. The cost for the trip is \$53, which includes lunch, transportation, and all gratuities. Residents and one guest may sign up immediately; nonresidents may sign up August 9. There are 30 spaces available.

### Why are more people banking with The National Capital Bank of Washington?

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### Are you traveling South in September with us?

Just a reminder for those who are joining us for the trip to Jekyll Island and points south **Sept. 26 through Oct. 1.**

Please pack your comfortable shoes, your sunscreen, and your Southern accent.

And don't forget to please pay your balance by **Aug. 9.**

Information packets for those attending the trip will be available in early to mid-September. A representative from the Village Center will call to let you know they are ready.

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## New Group for Young Adults

Have you ever wished there were an easy way to meet other Friendship Heights twenty-somethings? Now there is a new email list to help organize gatherings and trips. Please tell other twenty-somethings you know in Friendship Heights to join too. To sign up, go to <http://groups.yahoo.com/group/fh20/>.

We need volunteers to help with wine & cheese gatherings, movie nights, or potluck/pizza dinners, and people to suggest trips to Washington area events. Please post ideas to the list after you sign up. Contact David Murphy ([davidmurphy@earthlink.net](mailto:davidmurphy@earthlink.net); 301-951-8670) for more information.



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# PLAYING in AUGUST on the BIG SCREEN

**Thursday, Aug. 5 , 7:15 p.m. — *Cold Mountain.***

Based on the novel by Charles Frazier, Anthony Minghelli's star-studded *Cold Mountain* is a sweeping tale set in the final days of the American Civil War. Jude Law stars as Inman, a young soldier who, despite injury, is struggling to make his way home to Cold Mountain, N.C., where his beloved Ada awaits. In Inman's absence, Ada befriends Ruby, who helps her keep up her late father's farm. Meanwhile, in his travels, Inman encounters a collection of interesting characters. Renee Zellweger earned an Academy Award for her portrayal of Ada. Also stars Nicole Kidman, Natalie Portman, Giovanni Ribisi and Donald Sutherland. Rated R. Running Time: 155 minutes.

**Thursday, Aug. 12 , 7:15 p.m. — *Monsieur Ibrahim et les Fleurs du Coran.*** A boy from a broken home finds a friend in an insular, spiritual shopkeeper in this period drama. Set in 1960s Paris, this film revolves around Momo, a young man who lives alone with his father in the bustling Rue Bleu district. Still smarting over the separation from his wife and other son, Momo's dad neglects him in ways both minor and major, to the point where the teen spends most of his time out of school alone and isolated. He finds an unlikely ally in Monsieur Ibrahim, a Muslim shopkeeper who spends most of his time behind the counter of his store reading the Koran. As time passes, Momo and Ibrahim begin to bring each other out of his respective shell, sharing a series of everyday adventures, culminating in Momo's indoctrination into Ibrahim's faith. Rated R. Stars Omar Sharif and Pierre Boulanger. Running Time: 94 minutes.

**Thursday, Aug. 19 , 7:30 p.m., — Café Muse, see page 18 for details.**

**Thursday, Aug. 26, 7:15 p.m. — *The Lord of the Rings: The Return of the King.*** J.R.R. Tolkien's classic comes to a close in this epic adaptation by Peter Jackson. Instead of starting just where the previous film left off, however, it goes far back in time of the moment the tormented creature Gollum first came to possess the One Ring. In this flashback, actor Andy Serkis, who voiced Gollum and performed his movements on the set prior to the final special effects, finally get to appear onscreen, portraying Gollum's former self, Smeagol. This disturbing scene serves as a potent reminder that the Ring seeks to corrupt even the well-intentioned Frodo, who is increasingly struggling with the dark power of the Ring himself. Released in December 2003, *The Return of the King*, topped even its massively successful trilogy predecessors at the box office and went on to garner a whopping 11 Academy Awards, including Best Picture. Stars Elijah Wood, Ian McKellen, Viggo Mortenson and Liv Tyler. Rated PG-13. Running Time: 200 minutes.

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"The Boomerang," by Estelle Zorman



"Immigrants join July 4th parade," by Gwen Lewis



"USA, Through and Through," by Elizabeth Riordan



"July 4th Bethany Beach," by Irene Glaser

## Celebrating July 4 in the Friendship Gallery

Scenes of picnics, parades and pyrotechnics filled the halls of Friendship Gallery during our special juried community exhibition featuring art work inspired by the Fourth of July.

More than 50 artists, working in a variety of media, were selected to exhibit in the show entitled "Three Cheers for the Red, White and Blue." In addition

to local artists, neighborhood businesses also got into the spirit of the community show by donating prizes for our cash awards. A cash prize of \$100 was donated by local Realtor Nancy Mellon and presented to Estelle Zorman for her watercolor, "The Boomerang." Second place honors — \$75 donated by Chevy Chase Bank— went to Gwen Lewis for her

photograph, "Immigrants join July 4<sup>th</sup> parade." Third place honors, and a \$50 prize donated by Nancy Mellon, went to Elizabeth Riordan for the acrylic "USA, Through and Through" while Irene Glaser captured an Honorable Mention award and \$25, also donated by Chevy Chase Bank, for her print, "July 4<sup>th</sup> — Bethany Beach."



# FRIENDSHIP GALLERY

## Chinese brush paintings on exhibit this month

Friendship Gallery is pleased to welcome back Helene Sze McCarthy and her students for August's art show, an exhibit of Chinese Brush Painting.

Helene has been teaching and exhibiting at the Village Center since it opened in 1986. She grew up in Vietnam, married an American foreign service officer after the fall of Saigon, and moved to Washington.

The show runs from Aug. 2

through Aug. 30. All are invited to meet the artists at a reception on **Sunday, August 8, from 11 a.m. to 1:30 p.m.** Exhibit hours are Monday through Thursday, 9 a.m. to 9 p.m., Friday, 9 a.m. to 5 p.m. and Saturday and Sunday, 9 a.m. to 2 p.m. Art work in the auditorium is occasionally not available for

viewing because of certain activities in that room. Please check with the front desk receptionist when you arrive.



Paintings by Helene McCarthy



# CLASSES and CLUBS

PRE-REGISTRATION IS REQUIRED FOR ALL CLASSES.  
PARTICIPANTS MUST PAY FOR THE FULL SERIES. NO REFUNDS AFTER CLASS BEGINS.

## NEW CLASSES

### BONES FOR LIFE (Daytime)

Stand tall and add a spring to your step with weight-bearing exercises that promote healthy bones. Perk up with relaxation and breathing techniques, based on the Feldenkrais Method. The six-week series meets Thursdays from 11 a.m. to 12:30 p.m., beginning with a **free class** on Sept. 9. Cost for the next five classes is \$50. The last class is Oct. 21. There will be no class on Sept. 16. The instructor, Hedy Ohringer, is certified to teach Feldenkrais and Bones for Life. All classes are designed for new students and alumni, too.

### BONES FOR LIFE (Evening)

Stand tall and add a spring to your step with weight-bearing exercises that promote healthy bones. Perk up with relaxation and breathing techniques, based on the Feldenkrais Method. The six-week series meets Thursdays from 7 to 8:30 p.m. beginning with a **free class** on Sept. 9. Cost for the next five classes is \$50. The last class is Oct. 21. There will be no class on

Sept. 16. The instructor, Hedy Ohringer, is certified to teach Feldenkrais and Bones for Life. All classes are designed for new students and alumni, too.

### DRAWING AND PAINTING

A 10-week course for all skill levels, taught by Doris Haskel, begins on Sept. 13. Meets Mondays from 2:30 to 4:30 p.m. Cost is \$50 for residents; \$70 for nonresidents. Session ends Nov. 22 (there will be no class on Oct. 11). Residents may sign up immediately; nonresidents may sign up Aug. 9.

### MAT PILATES

A 6-week session begins September 7. Meets Tuesdays from 7 to 8 p.m. The cost is \$65 for residents and \$75 for nonresidents. This non-impact program, which conditions the body "from the inside out," develops muscle balance and proper spinal alignment. Pilates is revitalizing and renewing, not exhausting! The exercises are performed on a mat and are performed in a sequenced order. This is a beginners and

intermediate class, but is not recommended for pregnant women or, unless directed by a physician, for those with more serious spinal conditions. Instructor Ginger Russell has successfully completed a course in Matwork Exercises by the PhysicalMind Institute, and over two hundred hours of instructing this method. Please bring a cushioned mat and bath towel. Last class will be October 19 (there is no class Oct. 12).

### TAI CHI (Thursday)

This 6-week session begins September 9. Meets Thursdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends October 14.

### TAI CHI (Tuesday)

This 6-week session begins September 7. Meets Tuesdays from 9:30 to 10:30 a.m. The cost is \$30. Session ends October 12.

## ONGOING GROUPS, CLUBS AND OTHER ACTIVITIES

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#### **COFFEE AND CURRENT EVENTS**

This long-running discussion group meets informally every Friday from 10:30 to noon. Led by group members.

#### **GREAT BOOKS DISCUSSION GROUP**

Book lovers participate in lively presentations and discussions of works, usually taken from the Great Books series. Leadership is

rotated among group members. Meets Mondays from 10 a.m. to noon. Contact Jean McNelis at 301-656-6695.

#### **HEALTH INSURANCE COUNSELING**

Free assistance offered by the Maryland Cooperative Extension's Senior Health Insurance Assistance Program. Meets on the second and fourth Wednesdays of each month. Call 301-590-2819 for an appointment; walk-ins are welcome.

#### **SCRABBLE**

This active group of Scrabble players meets at the Center every Thursday, beginning at 6:30 p.m. All are welcome.

#### **TEA TIME**

Village residents and their guests are invited to tea every Tuesday from 3 to 4 p.m. Hot beverages, cookies and fruit are served by Village volunteers. There is no cost.

#### **VILLAGE PLAY TIME**

Children of all ages are welcome to be together at the Village Center most Thursdays from 11 a.m. to 4 p.m. Games, toys and play equipment will be set out in the auditorium for their enjoyment. Children must be accompanied by a caregiver, friend or family member over age 13.

#### **WALKING CLUB**

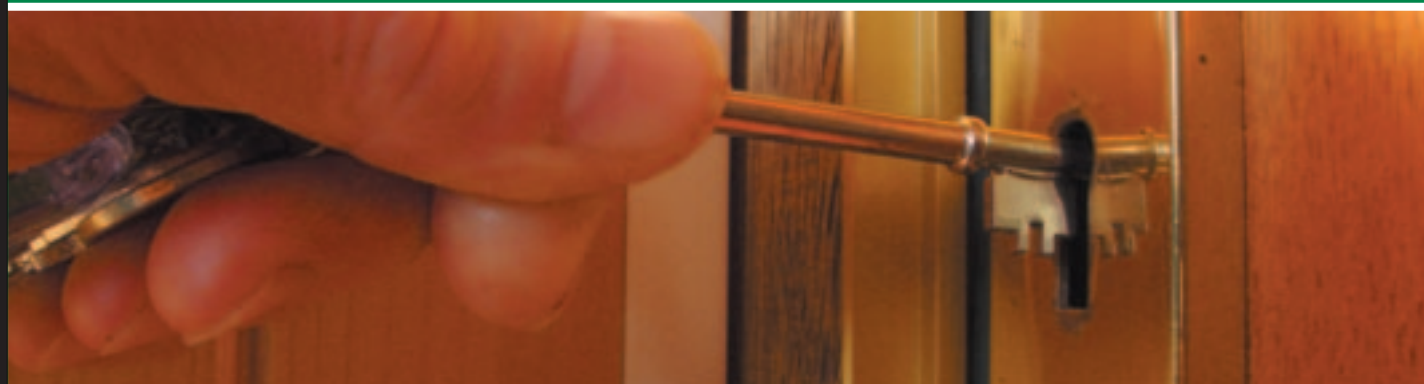
Leaves the Center every Tuesday, Thursday and Saturday at 8:15 a.m. for a walk through a nearby neighborhood.

#### **YIDDISH**

Meets Wednesdays at 10:15 a.m. to speak and read in Yiddish. Contact Maurice Singer at 202-362-0883 for details.

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Friendship Heights  
Village Center



Calendar  
of Events **2004**

A U G U S T						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga	2 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	4 10:15 a.m.: Yiddish <b>11 a.m.: Depart for Puppet Co. at Glen Echo</b> 11 a.m.: Strength Training 7 p.m.: Drawing and Painting <b>7:30 p.m.: Concert: Vocal Express</b>	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble <b>7:15 p.m.: Movie: Cold Mountain</b>	6 10:30 a.m.: Coffee and Current Events <b>12:15 p.m.: Sunrise Special Lunch</b> <b>1 p.m.: Special Concert: Hilda Seibel and Hank Bryante</b>	7 8:15 a.m.: Walking Club <b>9 a.m. – 1 p.m.: Twin Springs</b>
8 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>11:30 a.m. – 1:30 p.m.: Art Reception</b> 11 a.m.: Yoga	9 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	11 10:15 a.m.: Yiddish 11 a.m.: Strength Training <b>1 p.m.: Suburban Lecture</b> 1 p.m.: Health Insurance Counseling 7 p.m.: Drawing and Painting <b>7:30 p.m.: Concert: U.S. Navy Commodores</b>	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble <b>7:15 p.m.: Movie: Monsieur Ibrahim et les Fleurs du Coran</b>	13 10:30 a.m.: Coffee and Current Events	14 8:15 a.m.: Walking Club <b>9 a.m. – 1 p.m.: Twin Springs</b>
15 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	16 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	18 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7 p.m.: Drawing and Painting <b>7:30 p.m.: Concert: Frank Cassel and the Mountain Fever Band</b>	19 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble <b>7:30 p.m.: Café Muse</b>	20 10:30 a.m.: Coffee and Current Events	21 8:15 a.m.: Walking Club <b>9 a.m. – 1 p.m.: Twin Springs</b>
22 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 <b>10: a.m. – 2 p.m.: MVA Mobile Office</b> 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting	24 <b>7:30 a.m.: Depart for Atlantic City</b> 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	25 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7 p.m.: Drawing and Painting <b>7:30 p.m.: Concert: Brothers Flanagan</b>	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble <b>7:15 p.m.: Movie: The Return of the King</b>	27 10:30 a.m.: Coffee and Current Events	28 8:15 a.m.: Walking Club <b>9 a.m. – 1 p.m.: Twin Springs</b>
29 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers <b>12 p.m.: Piano Recital with Samuel Oram</b>	30 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life	31 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 2 p.m.: RSVP Knitters 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	Please note that there will be no Village Council meeting in August. The next meeting will be Monday, Sept. 13. The agenda for the meeting will be sent to the manager of each building in the Village the week before the meeting with the request that it be posted.			

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center  
is open to everyone. People who live or  
work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT



August's special lunch, prepared by Ed Harris of  
Brighton Gardens, will be held on **Friday, August 6, at  
12:15 p.m.** The menu will be salmon cakes, corn on the  
cob, carrots and celery, green salad, and apple cobbler.  
The cost is \$6, which must be paid when you make your  
reservation. Please reserve your seat by Wednesday,  
August 4.

After lunch, please stay to enjoy the music of  
violinist Hilda Seibel and guitarist Hank Bryante **at 1 p.m.**



Friendship Heights  
Village Center



Calendar  
of Events 2004

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11 a.m.: Yoga	2 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	3 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	4 10:15 a.m.: Yiddish 11 a.m.: Depart for Puppet Co. at Glen Echo 11 a.m.: Strength Training 7 p.m.: Drawing and Painting 7:30 p.m.: Concert: Vocal Express	5 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:15 p.m.: Movie: Cold Mountain	6 10:30 a.m.: Coffee and Current Events 12:15 p.m.: Sunrise Special Lunch 1 p.m.: Special Concert: Hilda Seibel and Hank Bryante	7 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
8 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 11:30 a.m. – 1:30 p.m.: Art Reception 11 a.m.: Yoga	9 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting 7:30 p.m.: Yoga	10 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	11 10:15 a.m.: Yiddish 11 a.m.: Strength Training 1 p.m.: Suburban Lecture 1 p.m.: Health Insurance Counseling 7 p.m.: Drawing and Painting 7:30 p.m.: Concert: U.S. Navy Commodores	12 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:15 p.m.: Movie: Monsieur Ibrahim et les Fleurs du Coran	13 10:30 a.m.: Coffee and Current Events	14 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
15 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	16 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting	17 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	18 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7 p.m.: Drawing and Painting 7:30 p.m.: Concert: Frank Cassel and the Mountain Fever Band	19 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:30 p.m.: Café Muse	20 10:30 a.m.: Coffee and Current Events	21 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
22 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers	23 10 a.m. – 2 p.m.: MVA Mobile Office 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life 2:30 p.m.: Drawing and Painting	24 7:30 a.m.: Depart for Atlantic City 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist 7 p.m.: Mat Pilates	25 10:15 a.m.: Yiddish 11 a.m.: Strength Training 7 p.m.: Drawing and Painting 7:30 p.m.: Concert: Brothers Flanagan	26 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 6:30 p.m.: Scrabble 7:15 p.m.: Movie: The Return of the King	27 10:30 a.m.: Coffee and Current Events	28 8:15 a.m.: Walking Club 9 a.m. – 1 p.m.: Twin Springs
29 9:30 a.m. – 1:30 p.m.: Coffee and Sunday Papers 12 p.m.: Piano Recital with Samuel Oram	30 10 a.m.: Great Books 10:30 a.m.: Drop-in Tai Chi 1:30 p.m.: Active for Life	31 8:15 a.m.: Walking Club 9:30 a.m.: Tai Chi 1 – 2:45 p.m.: Blood Pressure Screening 2 p.m.: RSVP Knitters 3 – 4 p.m.: Tea 3 – 5 p.m.: Suburban Nurse Specialist	Please note that there will be no Village Council meeting in August. The next meeting will be Monday, Sept. 13. The agenda for the meeting will be sent to the manager of each building in the Village the week before the meeting with the request that it be posted.			

Shuttle bus hours



Monday through Friday 6:40 a.m. to 9:40 p.m.  
Saturday and Sunday 8 a.m. to 7 p.m.

Village Center Hours

Monday through Thursday 9 a.m. to 9 p.m.  
Friday 9 a.m. to 5 p.m.  
Saturday and Sunday 9 a.m. to 2 p.m.

The Friendship Heights Village Center  
is open to everyone. People who live or  
work in the Village are especially welcome.

THIS MONTH'S SPECIAL LUNCH AND CONCERT



August's special lunch, prepared by Ed Harris of  
Brighton Gardens, will be held on **Friday, August 6, at  
12:15 p.m.** The menu will be salmon cakes, corn on the  
cob, carrots and celery, green salad, and apple cobbler.  
The cost is \$6, which must be paid when you make your  
reservation. Please reserve your seat by Wednesday,  
August 4.

After lunch, please stay to enjoy the music of  
violinist Hilda Seibel and guitarist Hank Bryante **at 1 p.m.**

# CONCERTS

Concerts are performed Wednesdays, from 7:30 to 8:30 p.m., in Hubert Humphrey Park. In the case of inclement weather, concerts will be performed in Huntley Hall. *Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.*

**Wednesday, Aug. 4 — Vocal Express.** Vocal Express was founded in 1955 with 12 singers. Created to perform American popular tunes in year-round shows, the group plays show tunes, popular songs, country, calypso, jazz and rock 'n' roll. Vocal Express has appeared at the National Theatre's "Monday at The National" and at venues throughout the Washington area.

**Wednesday, Aug. 11 — U.S. Navy Commodores.**



As the U.S. Navy's premier jazz ensemble, the Commodores offer the finest in America's true classical music — jazz. The group features 18 of the Navy's top jazz and big band musicians. Under the direction of Randy Mattson, the Commodores combine the best of jazz and popular music.

**Wednesday, Aug. 18 — Frank Cassel and the Mountain Fever Band.** Get ready for the toe-tapping, high-energy sound of The Mountain Fever Band. The group plays a captivating combination of folk, bluegrass, and old country, the perfect sound for a summer evening. Frank Cassel's first album, *The Illustrated Nonsense Rag*, now resides in the American Folklife Collection of the Smithsonian Institution.

**Wednesday, Aug. 25 — The Brothers Flanagan.** The Brothers Flanagan are Bill Karukas, Clarke Maylone, Darrell Parsons and Robert Daniel Bunning. Drawing from backgrounds in barbershop music, songwriting and formal training in classical voice and music, this talented quartet offers a unique blend of harmony and a bit of the 'blarney.'

## FREE BUS. *No fuss!*

Need a place to eat? While Clyde's of Chevy Chase is closed, take our free shuttle bus to our beautiful Adirondack-style Tower Oaks Lodge, leaving Friendship Heights Village Center every Monday for dinner at 5:00 and every Wednesday for lunch at 11:00, and returning when you're done. Just call us at (301) 294-0200 to let us know you're coming and we'll have a seat ready.

Get 10% off your check, too!

### AUGUST SCHEDULE

5:00 Dinner on Mondays    11:00 Lunch on Wednesdays

August 2	August 4
August 9	August 11
August 16	August 18
August 23	August 25
August 30	

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# VILLAGE CENTER HONORS 2004



Top left and right: Mayor Melanie Rose White presents Community Service Awards to Margaret Gaus and Gertrude Friedman. Center, Mayor White honors Maryland State Treasurer Nancy Kopp with the Elizabeth Scull Outstanding Community Service Award. Bottom left and right respectively, Beatrice Glazer and Doris Hoffman are honored with Community Service Awards. All photos on both pages by Joel Williams.



## TO YOUR HEALTH



### Vision Transitions at Friendship Heights

Vision Transitions will offer participants free monthly education and support at the Village Center, beginning **Wednesday, Sept. 22, at 1:30 p.m.** Sponsored by the Prevention of Blindness Society, Vision Transitions will feature guest speakers and will be facilitated by Gloria Sussman, teacher, advocate and accomplished musician.

Vision problems resulting from age-related eye diseases can cause permanent impairment or "low vision." But low vision doesn't have to mean "no vision." Much can be done to maximize remaining usable vision and improve quality of life. September's guest speaker is Dr. Dawn Gannon who will discuss tips for keeping eyes healthy, normal changes in vision, and aging eyes.

To register, call the Center at 301-656-2797. For more information about Vision Transitions, call 202-234-1010 or visit [www.youreyes.org](http://www.youreyes.org). Refreshments will be served. All are welcome.

### Can anything be done for dizziness?

Matt Tovornik, Director of Physical Medicine at Suburban Hospital, will discuss vertigo, disequilibrium, balance disorders, gait disturbances and general unsteadiness on **Wednesday, August 11, at 1 p.m.** He will describe the balance/vestibular program at Suburban, including evaluation and testing using the Smart Balance Master and treatments such as visual exercises, gait training and fall prevention education.

There is no cost for the Suburban Health lecture, but please call 301-656-2797 to let us know if you plan to attend.

Mehmet has over 21+ years real estate experience in the Washington Metropolitan Area, he is a resident in the center of Friendship Heights at 4620 North Park Avenue, his care and concern for the real estate value of your neighborhood and his, makes his neighborhood knowledge a tremendous asset to those at Friendship Heights.

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## Special Recital by Samuel Oram

Join us for a Sunday afternoon recital featuring works by Beethoven, Rachmaninoff, Messiaen and Stravinsky, performed by Samuel Oram on **Aug. 29 from noon to 1 p.m.**

Samuel Oram began playing piano at the age of six. At age 11, he entered the Preparatory School at New England Conservatory, where he studied with Sergey Schepkin until his high school graduation. Oram has performed in several world-class competitions with strong results. He recently was awarded a full scholarship for this summer's "Pianofest in the Hamptons," a highly selective music festival led by the most respected pianists in the country. Now 19 years old, Oram is enrolled as a freshman at Northwestern University, studying with Ursula Oppens.

His performance will include

Beethoven's Sonata No. 3 in C major, Op. 2 No. 3; Rachmaninoff's Prelude in F# minor, Op. 23 No. 1, Etude-Tableau in B minor, Op. 39 No. 4, Prelude in G# minor, Op. 32 No. 12 and Etude-Tableau in C minor, Op. 39 No. 1; Noel and Premiere communion de la Vierge from Messiaen's *Vingt Regards sur l'Enfant-Jesus*; and Stravinsky's Three Movements from

Petrouchka including Russian Dance, Petrouchka's Room and The Shrovetide Fair.

There is no charge for this event, but please call the Village Center at 301-656-2797 if you plan to attend.

*Before entering the auditorium, please turn off any cell phones or electronic devices. If you arrive after the concert has begun, please wait for a break in the performance before entering.*



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‡For Long-Term Care Insurance, check the "Living Single" Long-Term Care Insurance in the Long-Term Care Insurance Manual of Life Insurance. World Insurance Association of America (WIAA) 2003.  
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## Celebrate National Night Out, just a little late

Come meet McGruff the Crime Dog and learn about crime and drug prevention when the Montgomery County Police visit the Village of Friendship Heights in early August.

In celebration of the 21st annual National Night Out, the Village of Friendship Heights will feature a "Night Out" exhibit at our weekly concert on Wednesday, Aug. 4. The exhibit will be on display from 7 to 8 p.m.; the concert featuring jazz musician Jacques Johnson begins at 7:30.

The national event actually takes place a day earlier on Tuesday, Aug. 3, and is expected to involve more than 9,500 communities. It is designed to heighten crime and drug prevention awareness and to generate support for local anti-crime efforts.

Organizers also hope it will strengthen neighborhood spirit and police-community partnerships, as well as send a message to criminals that their neighborhoods are organized and ready to fight crime.

Residents in neighborhoods throughout the Washington, D.C., area, and across the nation are asked to lock their doors, turn on outside lights and spend the evening outside with neighbors and police.

## Cafe Muse presents...

This month's Café Muse, on **Thursday, Aug. 19, at 7:30 p.m.**, presents poet Rick Cannon and poet and fiction writer, Sean Enright.

Rick Cannon published a chapbook, *The Composition of Absence*, in 2003. He serves on the literature panel of the Maryland State Arts Council and is an executive editor of *Poet Lore*.

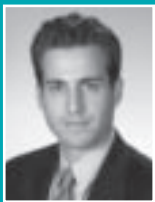
Sean Enright's book, *Goof and Other Stories*, was an editor's choice in the *Baltimore Sun*, Summer 2001. He has taught fiction at the University of Maryland and poetry at the Writer's Center in Bethesda.

Classical guitar selections performed by Michael Davis are presented each month at 7 p.m. Attending poets are invited to participate in an open reading that concludes the Café Muse program. A sign-up sheet will be available at 7 p.m.

Café Muse is presented by The Village of Friendship Heights and The Word Works, a nonprofit literary organization that has published contemporary and sponsored public programs for more than 25 years. The evening is free, but please call the Village Center at 301-656-2797 to let us know you are coming.

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# Criminals convert ATMs to steal IDs of customers

The Montgomery County Police are asking the public to be extra careful when using automatic teller machines. According to police, a team of organized criminals is installing equipment on legitimate bank ATMs to steal both the ATM card number and the personal identification number (PIN). The team is nearby in a car receiving information transmitted wirelessly, over the weekends and evenings, from equipment they install on the front of the ATM (see photos). If you see an attachment like this, do not use the ATM—report it immediately to the bank using the 800 number or phone on the front of the ATM.

The equipment used to capture your ATM card number and PIN is cleverly disguised to look like normal ATM equipment.

At the same time, a wireless camera is disguised to look like a leaflet holder and is mounted in a position to view ATM PIN entries.



Equipment being installed on the front of an ATM.

The thieves copy the cards and use the PIN numbers to withdraw thousands of dollars from many accounts in a very short time directly from the bank ATM.



## *Friendship Heights* VILLAGE NEWS

Friendship Heights Village Center  
4433 South Park Avenue  
Chevy Chase, Maryland 20815

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**August 2004 events calendar**